

Parishes of
St. Viator, Dauphin
Corpus Christi, Winnipegosis

St. Viator's Parish
307 Whitmore Avenue East PO Box 250
Dauphin, Manitoba R7N 2V1
Phone (204) 638-4892
Fax (204) 638-5979 <http://www.stviator.ca>

****Office Hours:**

Tuesday-Thursday 8:30am-Noon, 1:00-4:00pm

Weekend Mass Schedule:

Saturday at 7:30pm, St. Viator's

Sunday at 10:15am, St. Viator's

Sunday at 2:00pm, Corpus Christi

Bulletin Submissions: Submit church related announcements to the office by Wednesday morning to be in that week's bulletin.

Pastor: Reverend Michel Nault

Phone #: 1-204-960-6059

E-mail address: micheljnault@gmail.com

Administrative Assistant: Christine Letain

Email: stviator@wcgwave.ca

Catechism Co-ordinator: Barb Sutherland

Email: st.viatorscatechism@gmail.com

Sacrament Co-ordinator: Carla Pasloski

st.viatorssacraments@gmail.com

Stewardship Co-ordinator: Laverne Hudson

Email: lvhudson3@gmail.com

Caretaker: Les Sutherland

Baptisms: Baptism Preparation Classes: By appointment.

Please call parish office to register.

Corpus Christi Parish contact Jo Bunka for Baptism Preparation.

Baptisms will be held by scheduled appointments.

Marriage: Minimum **Six months** noticed required. Couples must be practising members of our Parish. Call the Parish Office to arrange a meeting with the priest.

Ministry of Presence (The St. Luke Society) If you or someone you know is unable to attend Mass and would like to receive Holy Communion, please contact the parish office. Families and friends of parishioners are welcome to call on their behalf.

Prayer for Priests and Priestly Vocations

Heavenly Father, please grant to Your faithful servants, the grace and strength to carry out Your mission for the church each day. Keep our priests close to You and continue to inspire them to serve others in Your Holy Name. Please help to inspire men who are called to a priestly vocation to answer Your call and participate in the fullness that You have planned for them. Amen.

1st Sunday of Lent
February 17 & 18, 2024



***Schedule Subject to Change**

Mon Feb 19: Office Closed, No Mass

7:00pm Bible Study

(Leviticus 19.1-2, 11-18) Gospel: Matthew 25.31-46

Tues Feb 20: No Mass

(Isaiah 55.10-11) Gospel: Matthew 6.7-15

Wed Feb 21: 6:30pm Mass: Intentions of Anne & Max Geras

7:00pm Stations of the Cross

(Jonah 3.1-10) Gospel: Luke 11.29-32

Thurs Feb 22: 10:30am Novena & Mass: For Fr. Michel, req

Deloris & Isadore Lulashnyk

(1 Peter 5.1-4) Gospel: Matthew 16.13-19

Fri Feb 23: 5:00-7:00pm Knights of Columbus Fish Fry

6:00pm Divine Mercy

7:00pm Mass: +Dean Yakielashek, req Yvonne &

Randy Bossuyt

(Ezekiel 18.21-28) Gospel: Matthew 5. 20-26

Sat Feb 24: 6:30pm Confession

7:30pm Mass: +Thomas & Jean Bencharski, req David, Jacqueline & family

(Deuteronomy 26. 16-19) Gospel: Matthew 5.43-48

Sun Feb 25: 9:00am Catechism Classes

9:30am Confession

10:15am Mass: For all priests, req CWL

2:00pm Mass at Corpus Christi: For all parishioners and youth of both parishes

(Genesis 22.1-2, 9-13, 15-18, Romans 8.31-35, 37)

Gospel: Mark 9.2-10

Lent's 3 Pillars: Prayer, Fasting, Almsgiving

When we hunger—whether it be for food, technology, comfort—it can be a reminder that Jesus is the bread of life.

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." John 6:35

When we sacrifice things that this world tells us we need, it can remind us that only God can truly satisfy our spiritual hunger.

Lent's three pillars are prayer, fasting and almsgiving—meaning that we're called to do more than just abstain from a particular food or activity. It involves not only what we're willing to give up, but what we're willing to take on. When we think about what to give up for Lent, we ought to also think about what sort of commitment to prayer and ability to be charitable that we can hold ourselves. Below are some prayer ideas, and general ideas for Lenten sacrifices:

Prayer ideas for kids/teens:

Pray on the way to school

Play guess the saint each day

Pick a relative each day and pray for the person

Call a grandparent after church and discuss the Gospel

Go to bed five minutes early and spend extra time talking with God

Research the name of your church and learn about its origins

Pay special attention to the intercessions at Mass and choose one to pray for during the week

Go to confession

Explore Hallow Kids (the app)

Research organizations that support Catholic youth like LifeTeen and National Federation for Catholic Youth Ministry

Prayer ideas for adults:

Subscribe to a daily prayer newsletter (Notre Dame and the Jesuits both offer good options)

Each morning, scroll through the contacts on your phone. Randomly stop and say a prayer for whichever person you land on

Spend a few minutes with Scripture each day

Start the Bible in a Year podcast or the Catechism in a Year podcast with Fr. Mike Schmitz whenever you get your podcasts

Attend daily Mass once a week

Attend or pray the Stations of the Cross every Friday (Wednesday at St. Viator's)

Invite a friend to attend Mass with you

Join the Bible study group at church

Attend Adoration of the Eucharist

Go to confession

Pray the Rosary once a day

Pray the Daily Examen on Hallow

Join Hallow's #Pray40Lent Challenge

Fasting ideas for kids/teens:

Give up a favourite toy or game

Fast from social media for a day

Give up a favourite snack

Drink only water at school

Go without headphones/air pods for a day

Give up a favourite chair at home

Allow others to pass in front of you in the lunch line

Fasting ideas for adults:

Give up coffee (or brew it at home)

Give up alcohol

Give up social media or limit them to certain days/times

Give up electronics after a certain time of day

Sleep without a pillow

Wake up without using the snooze button

Shower with lukewarm, not hot water

Keep your thermostat cooler at home

Abstain from reading gossip/rumor sites

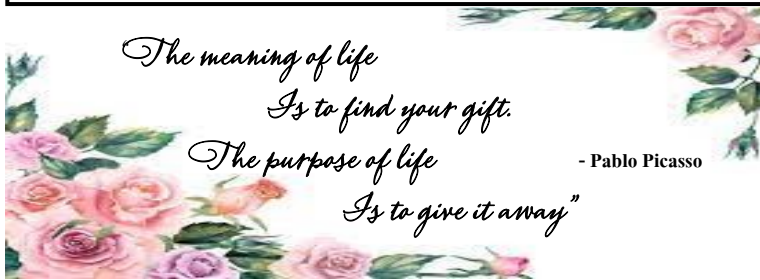
Say a prayer as you walk to the grocery store

Stations of the Cross will be held on Wednesdays during Lent at 7:00pm following Mass. The schedule for the groups leading the stations are as follows:

- February 21 - Parish Pastoral Council
- February 28 - Finance Council
- March 6 - Couples for Christ
- March 13 - Malayalee Community
- March 20 - Bible study groups
- March 27 - CWL & Knights of Columbus



The **Knights of Columbus** will be having a **pickarel fish fry** on Friday, February 23rd, and again on March 15th from 5:00 - 7:00pm. Prices are:
 Adults - \$17.50
 Youth - \$12.50
 Children under 5 years, free
 Everyone is welcome!



*The meaning of life
 Is to find your gift.
 The purpose of life
 Is to give it away"* - Pablo Picasso



There will be an Usher meeting on Thursday, February 29 at 6:30pm. For all current ushers and if you're interested in becoming an usher please attend.

CWL Prayer Network

Is a chain of people who will pray for anyone requesting prayers.
 If you or someone you know needs prayers or if you would like to be to a person who prays for those in need of Prayers.

Please call
 MaryLynn Safronetz
 204-648-6779 or 204-638-8547



Carrying the Message

"The time has come," he said. "The kingdom of God is near. Repent and believe the good news!" Mark 1:15 (NIV)

Based on Mark 1:9-15



There are perogies for sale! You can come to the parish office during office hours, or contact Linda Zazuliak at 638-5633 to purchase.



Are you new to our parish? If you are and you have not registered with the parish please do so. We would like to be able to formally welcome you. You will find forms in the gather area on the display case by the sacristy.

Financial Corner:

St. Viator's Parish # Envelopes = 54
 Feb 11 Collection-\$1681 + \$198.35 (loose) = \$1879.35
 SGG - \$50
 Pre-Authorized Payments \$900

Corpus Christi # of envelopes = 8
 Feb 11 Collection- \$225
 SGG - \$



S J P Y B A P T I Z E D P S S
 D M U I D L Q E Z S G T N U C
 J V Q Z L L V N R R N E I P E
 N E A R D O K N R E P T G M D
 W K D S D A E Z P O S G O E Z
 T I U U P V Y E Y P E C T Z F
 I N Y E A I R S X V L P U C O
 M G Y E D N R A E J M N Q Y R
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REPENT	TEMPTED	TIME	BAPTIZED	BELIEVE
DESERT	COME	VOICE	KINGDOM	JORDAN
FORTY	NEWS	OPEN	WATER	DAYS
GOOD	SPIRIT	DOVE	HEAVEN	NEAR

FORMED

There are so many wonderful options for Lent on FORMED, and it's FREE!

Go to stviatorparish.formed.org to sign in.

Follow the prompts to get yourself started.

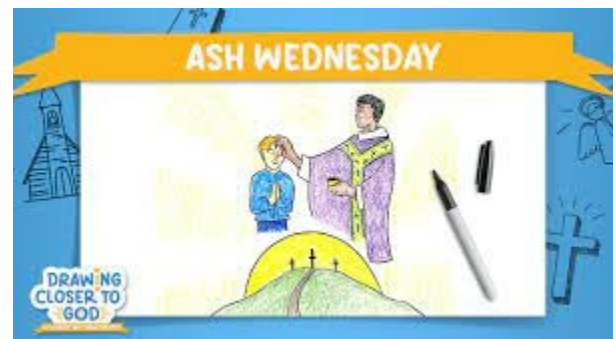
Under find your parish - St. Viator Parish Dauphin



Daily Bread: Discover the Eucharist in Scripture explores the biblical roots of the Eucharist and how the earliest Christians understood it as the fulfillment of many Old Testament promises. Based on Dr. Brant Pitre's book *Jesus and the Jewish Roots of the Eucharist*, these daily Lenten reflection videos will radically transform your love for the Blessed Sacrament.



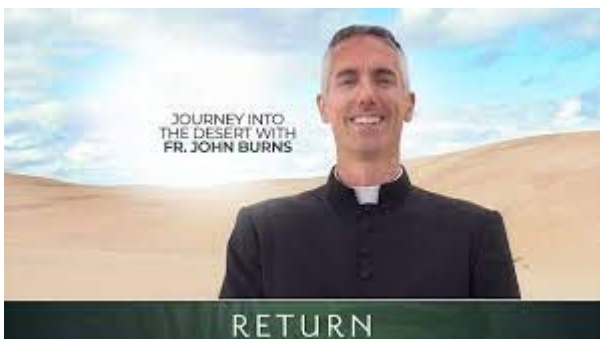
Join Brother Francis in this compact presentation of what Lent is all about and how we observe it as Catholics. Great for the whole family!



Using the cross marked on our foreheads on Ash Wednesday, Ms. Kim teaches kids about the Fall, our need for a savior, and God's plan to save us and give us life by sending his Son to die for our sins. In light of these truths, Ms. Kim discusses the phrases we hear on Ash Wednesday: "You are dust, and to dust you shall return" and "Repent and believe in the gospel," relating them to the overarching Lenten theme of turning back to God.



Ash Wednesday is the beginning of Lent and a great day to make a plan for this holy and grace-filled season. Dr. Ben Akers sits down with Dr. Elizabeth Klein, Professor at the Augustine Institute Graduate School, to discuss the purpose of the season of Lent, how to prepare for it, and why it is such a fruitful season in our life of faith.



Fr. John Burns invites you on a pilgrimage this Lent using *Return*. Fr. John will guide you through the most difficult season of the Church, yet also the most transformative. Are you ready to enter the desert and experience the richness of the Paschal Mystery?